



NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.

Accredited by "International Accreditation Organization (IAO)"



DEPARTMENT OF COMMUNITY HEALTH NURSING

WORLD HEALTH DAY 2026

REPORT

Theme: Together for health. Stand with science

Date: 07.04.2026

World Health Day 2026 was observed with great enthusiasm and active community participation at **TP Gudur, Nellore**, organized at the **Narayana Rural Health Centre**. The program was conducted collaboratively by the staff of **Narayana Medical College and Hospital** along with the departments of **Community Health Nursing, Nursing Foundation, and Medical-Surgical Nursing**.

A total of **99 VII Semster B.Sc. Nursing students** actively participated in the program under the guidance of faculty members and healthcare professionals. The main objective of the event was to promote awareness about health, early prevention, and the importance of a healthy lifestyle in alignment with this year's theme.

As part of the program, a **door-to-door survey** was conducted in the TP Gudur community. The students visited households to assess health status, identify common health problems, and educate families on hygiene practices, nutrition, maternal and child health, and prevention of communicable and non-communicable diseases. This activity helped in creating awareness at the grassroots level and encouraged community members to adopt healthier practices.

The collaborative effort ensured effective interaction with the local population and strengthened community engagement. The program emphasized the importance of early health interventions and building a healthier future through informed choices and preventive care.

The World Health Day 2026 celebration was successful in spreading awareness and reinforcing the role of nurses in community health promotion. The active involvement of students and faculty made the event impactful and meaningful.



Fig : 1 Interactive session with the community people in Narayana Rural health centre



Fig : 2 Health survey By Ms. M. Chandhana and students



Fig :3 Health checkups was done by Mrs. Koteswari and Ms. Vennela M.Sc (N) students

As part of the program:

- * A practical session of hygiene and sanitation demonstration was conducted by Ms. M.Chandhana, II Year M.Sc. Nursing student, aligning with recent global initiatives promoting community-based infection prevention. The session emphasized proper handwashing techniques as a key, cost-effective strategy to reduce communicable diseases, reflecting current guidelines that highlight hand hygiene as a fundamental public health measure.
- * An interactive health awareness session was delivered by Ms. P. Esther Joel, M.Sc. Nursing Tutor, focusing on the evolving role of health education in preventive care. The session highlighted the significance of World Health Day, its history, and the 2026 theme, while encouraging behavior change, community participation, and adoption of healthy lifestyles in line with modern health promotion strategies.
- * A comprehensive health check-up was conducted by Mrs. Koteswari and Ms. Vennela to assess and promote the well-being of the community.
- * The program concluded with a formal vote of thanks by Mrs. T. Nikitha , M.Sc. Nursing Tutor acknowledging the collaborative efforts of organizers, participants, and institutional partners. This reflects the current trend of multi-sectoral collaboration and community engagement in successful public health initiatives.

The program was a successful initiative in promoting health awareness and community involvement in TP Gudur, reflecting the spirit of World Health Day 2026. Snacks were disturbed to the participants.



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CIRCULAR NO: COHN/26/03

Date: 31.03.2026

DEPARTMENT OF COMMUNITY HEALTH NURSING

CIRCULAR

This is to inform you that Department of Community Health Nursing is conducting **"WORLD HEALTH DAY"** with the **Theme: "Together for health. Stand with science"** on 07-04-2026 at Narayana Rural Health Centre, TP Gudur, Nellore, from 9:00 am to 01:00 pm. Everyone is expected to engage and gain knowledge on current events.

Program Details:

Venue: Narayana Rural Health Centre, TP Gudur

Date: 07-04-2026

Time: 9:00 am to 01:00 pm.

Group: VII Semester B.Sc (Nursing)


PRINCIPAL

Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

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Date: 31.03.26

PERMISSION LETTER

From

The Principal,
Narayana College Of Nursing,
Chinthareddypalem
Nellore.

To

The Medical Officer,
Narayana Rural Health Centre
T P Gudur,
Nellore, A.P

Subject: Request for Permission to Conduct Program - World Health Day on 07.04.2026

Respected Sir/Madam,

Greetings from Narayana College Of Nursing.

We hereby request your kind permission for VII Semester BSc Nursing students to conduct a program on World Health Day on 07.04.2026. between 9:00 am and 01:00 pm. The program will include Health Assessment, Screening of Diabetes Mellitus, Hypertension. Behaviour Communication session and PPT presentation to raise awareness about on promotion of health.

We request your approval and support for this initiative. Looking forward to your positive response.

Thank you.

Dr. Ashok

Medical Officer

B. Ashwini
Principal
Principal

NARAYANA COLLEGE OF NURSING
Chinthareddypalem,
NELLORE - 524 003

శ్రీమతి పి. సుధామణి
నారాయణ గ్రామీణ వైద్యశాల
T.P. గూడూరు, SPSR నల్గూరు జిల్లా